



BREAKFAST

Fast & Fresh

Choice of Cereal
Ripe banana, milk

Granola yogurt parfait

Strawberries
or fresh cut fruit

Breakfast Sandwiches

Sunrise starter
Bacon, egg, and sharp cheddar on artisan roll

Healthy Start
Egg whites, turkey Canadian bacon, spinach, havarti cheese on whole grain bagel

Breakfast BLT
Broken egg, bacon, cheddar cheese, lettuce, tomato on sourdough

Pan & Griddle

Morning Scramble
Whole or whites, with crisp bacon, sausage or turkey Canadian bacon, Bistro potatoes, toast

Thick Cut French Toast
With fresh strawberries and country syrup

Daybreak Fried Eggs
Up or over, with crisp bacon, sausage or turkey Canadian bacon, Bistro potatoes, toast

Assorted fresh baked muffins, bagels, cookies and scones